

TAKE GOOD CARE OF YOURSELF AND LOVED ONES

# AEST- HE- TICS





Plastic surgery is a medical specialty that deals with the correction or restoration of the form and function. Although aesthetics or aesthetic surgery is the best known plastic surgery, most plastic surgery is not cosmetic: Plastic surgery includes many reconstructive surgeries, hand surgery, microsurgery, and burn treatment.

Aesthetic surgery is an important component of plastic surgery. Plastic surgeons use cosmetic surgery principles in all reconstructive surgical procedures as well as in the isolated operations in order to improve the overall appearance.

### Spider Web Technique

Spider Web aesthetic is a non-surgical face-lift, rejuvenation and reformation procedure. Thin lines, formed due to gravity and age, tend to get deeper because of bad weather conditions, unhealthy nutritional habits and frequent weight gain and loss.

### What is Spider Web Aesthetic?

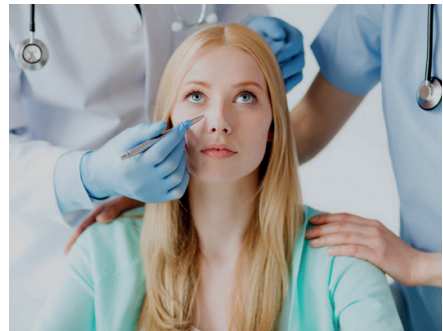
All this process not only causes line formation in the face but also sagging skin in the cheeks and neck and a oval face. You start to see the change more clearly when you look at your older pictures. And Spider Web technique helps solving the potential problems in your skin as a non-surgical face rejuvenation procedure alternative to aesthetic surgery.

Developed by the best operator of non-surgical aesthetic procedures, Op. Dr. Bulent Cihantimur, the name and patent rights of the Spider Web Method are held by Non-surgical Spider Web aesthetic is inspired by the amazing shape and mechanism of the spider web, the strongest and most flexible structure in the nature. When the interesting shape and structure of the spider web is examined from an aesthetic point of view, some properties that can be helpful for the humanity are observed. Eponym of

the method, Op. Dr. Bulent Cihantimur, conducted research and development for the method since 2000s and started to perform in Estetik International.

### Main Principle of Spider Web Aesthetic

Polydioxanone threads, which are being used in surgery for years, and thin needles to place them under the skin are used for Spider Web aesthetic procedure. These medical threads have no side effects on the body and they are woven like a spider web under the skin using very thin needles. The main principle of spider web aesthetic, which can be defined as non-surgical thread lift procedure, is an action mechanism that re-stimulates the collagen production of the body to compensate for the decreased collagen. Threads woven into the problematic area also provide a strong lifting effect. The body reacts to the threads and immediately starts producing biological fibroblast, collagen and elastin. This also doubles the lifting effect. The skin becomes rejuvenated, reformed and tightened. This is the point where facelift with Spider Web method is differentiated from other thread facelift or thread face suspension methods. Their effects, methodology and action mechanisms are different.



Our face has the "V" shape when we are young, but as we age it takes the "U" shape." We turn "U" into "V" with the Spider Web Aesthetic



### Why Spider Web Aesthetic is highly preferred?

Spider Web Aesthetic, which provides the best results among non-surgical face rejuvenation techniques, is a fast and modern application that does not detach the patient from the social life and does not cause any potential complications like swelling and bruising of surgical procedures. People who have Spider Web aesthetic state that they prefer this method because it "successfully achieves skin lift with a simple application" without interrupting their social lives and allowing putting on makeup right after the procedure. Skin starts rejuvenating immediately after the Spider Web aesthetic procedure and maintains its development depending on the skin type, nutritional habits and current age. Spider Web aesthetic reveals its real effects starting from the third month and maintains its action mechanism for three years on average depending on the lifestyle. Its repeatable nature is among the reasons people prefer Spider Web method. In a way, it can be said that we freeze your age at the time you have the procedure. For example, if you had Spider Web aesthetic at the age of 30, you will still have the look of 30 when you are 35 years old. Repeated applications stimulates the decreased collagen production due to age and helps you to freeze your age.

Spider Web Mask, Spider Web Mask and Spider Web Serum use increases the results to the highest level.

### Who can benefit from Spider Web Aesthetic?

Spider Web aesthetic is a non-surgical technique that can benefit all people with;

- Wrinkles on the face
- Sagging skin on the face
- Wrinkles on lower eyelid and around
- Deformation around the lips and mouth
- Apparent lower chin line and neck
- A desire to rejuvenate and refresh the face

Regardless of being a man or a woman.

### Who can have Spider Web Aesthetic?

- People who have wrinkles, sagging and deformation on their faces
- People with thin lines
- People with wrinkles around their eyes and lips
- People with sagging in their chin and neck areas
- People who want to say "Stop" to time and gravity
- People who want to rejuvenate and refresh their skins
- People who have sagging skin on their inner arms, inner legs, stomach, breast, genital and other parts

### Advantages of Spider Web Aesthetic

- It is a very effective face lift application in a very short amount of time
- Patients do not feel any pain
- It involves no sutures, there will be no scars
- You can get back to your social life right after the procedure and you can even put makeup
- Medical threads that dissolve in time are used
- It is very effective on thin lines and wrinkles
- It is a repeatable application
- Supports the collagen production of the skin
- It is a simple, reliable, risk-free application without any side effects.



### What to do after Spider Web Aesthetic

No bandage or medical dressing is required for your skin after the procedure.

- Ice compress can be recommended to prevent possible swelling.
- You can continue to apply the cream prescribed by our clinic or your usual and high quality moisturizing creams.
- As the procedure is performed under sterile conditions, you don't have any risk of infection.
- You can use the makeup materials that you are sure of their hygiene after the procedure.
- You must ensure that tools like brushes used for makeup are clean.
- Protect your skin from sunlight. The skin must be protected against harmful rays at all times (damages of sunlight to the skin will be explained)
- Our body forms its own collagen web around the PDO threads placed. Threads dissolve within 6 months and lifting mechanism kicks in. Patience is required for this period to be reflected on skin in a positive way after Spider Web aesthetic. We can recommend you food and beverages that will support your collagen production. (Green vegetables, fruits and vegetables with vitamin A and C).
- You will observe the rejuvenation, tightness and reduction of wrinkles on your skin in a short amount of time.

### Spider Web Aesthetic is consisted of below steps:

- The skin is cleaned before the Spider Web Aesthetic
- Topical local anesthesia cream is applied to the skin.
- Threads are woven like a web under the skin using thin needles on the problematic areas determined during examination.
- After the specified amount of threads are placed, the skin is cleaned again and the procedure is completed.

### Other Facial Aesthetic Services:

- Spider Web Technique
- Rhinoplasty
- Simple Rhinoplasty
- Rhinoplasty Without Surgery
- Eye Lid Surgery
- Prominent Ear Operation With Laser
- Prominent Ear Aesthetics With Thread
- Eyebrow Lift
- Eyebrow Lifting
- Treatment of Dark Circle Under Eyes
- Lip Enlargement
- Neck Lifting
- Facelift
- Cheek Aesthetic





You experience the most natural  
and real rejuvenation  
with Spider Web Aesthetic

### **Organic Hair Transplant**

Stem cell-rich liquid prepared from patient's own fat tissue is injected to the transplantation area. This way, application site is swelled to enable a convenient transplantation area and chemical injections that damage the follicles in conventional hair transplantation procedure are avoided. Healthy hair follicles collected from the donor site are transferred to the hairless area, which prepared and made productive for the application, by our surgeon.

### **Advantages of Organic Hair Transplant**

Stem cell injection used in organic hair transplant provides many advantages to the patient. Stem cell injection used in Organic Hair Transplant:

- Transplant area is rendered efficient.
- Hair transplant procedure become easier
- Enables non-chemical work
- Feeds the newly transferred hair follicles and increases their adherence rate.
- Provides up to 96% successful results in hair transplant procedure
- Facilitates the growth of more lively, healthier and longer lasting hair

### **Why Organic Hair Transplant?**

In conventional hair transplant processes, only focus is the donor site, the healthy hair follicles. Grafts are obtained and transferred to the hairless area. However, there is decreased fat in bald areas that fail to provide nutrition to the follicles. If you look closely, you will see that the skin there is closer to the bone and emptied out. Even though you transfer new hair follicles, likelihood of success would be very low.

Healthy follicles of people with baldness are their true treasures; such intervention will cause healthy hair follicles to die after hair transplant. In addition, we know that chemical injected to the bald scalp to make transplant of grafts easier and provide convenience for the surgeon do damage the healthy hair follicles.

Organic Hair Transplant provides very important advantages at that point. Stem cell-rich fat injection prepared from patient's own fat makes hair transplantation easier and leads to a healthier scalp in the hairless area.



### **Other Hair Transplantation Services**

- FUE Hair Transplant with PRP
- Hair Transplant
- Mustache Transplant
- Hair PRP
- Beard and Sideburn Transplant
- Wound and Burn Transplant



Provides up to 96% successful results in hair transplant procedure



## Breast Lifting

Breast lift operations are surgical interventions that provide solutions for sagging breasts. Sagging breast mostly occurs due to deformation resulting from breastfeeding, gravity effect in time or frequent weight gain and loss cycle. In addition, sagging may occur in underdeveloped breasts at early ages.

As sagging breasts prevent women from wearing as they please, they harm their self confidence. Deformation in breasts, which are indispensable for an aesthetic decollette area, occurs not only in sagging breasts but also in enlarged areola region due to hormonal fluctuations. Sagging breasts also cause irritation of subcutaneous skin structure, as well as skin problems due to rubbing. It is suggested that breast augmentation operations should be considered after breastfeeding, in order to avoid loss of form again.

Also, it is often preferred to perform the lift operations in combination with a breast augmentation because the skin overlying the volumetrically problematic breast tissue creates a saggy appearance. In fact, there has been a reduction in breast tissue and the skin has not adapted to this new small volume. It is possible to remove the excess skin by breast lift operation. Only breast aesthetics can not give volume to breasts. In such cases, breast aesthetics will not suffice, so other aesthetic applications can also be used to benefit a beautiful look. In order to increase the volume of the breast, it is necessary to perform a fat injection or a silicone implant, i.e. a breast augmentation aesthetic.

## Who can undergo breast lift operation?

- Women who have problems with their breast after breastfeeding
- Breasts with underdevelopment history
- Women with sagging breasts due to frequent weight gain and loss
- Women with sagging breasts due to age and gravity
- Enlargement with areola area
- Women with self-confidence problems due to sagging breasts
- Women who cannot wear the clothes they want because of sagging breasts

## Breast Aesthetics Services:

- Breast Augmentation
- Breast Reduction
- Gynecomastia
- Fat Transfer to Breast

## Body Aesthetics Services:

- Brazilian But Lift
- Bowlegs Aesthetics
- Hand Aesthetics
- Tummy Tuck
- Abdominal ECHTING
- Arm Lift
- Lipomatic and Liposculpture
- Liposuction
- Nonsurgical Treatment of Trigger Finger
- Genital Beautification
- Fat Transfer
- Penis Aesthetics and Health





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